

Newsletter July 2016

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Parking on High Croft:

Patients and members of staff have commented that vehicles that park and span both the highway and footpath on High Croft road are causing congestion and are hazardous to pedestrians and the free flow of traffic to the surgery and adjacent car park.

Please help to reduce the congestion by not parking on High Croft and instead use one of the numerous free car parks in the town centre or the car park adjacent the surgery.

There is a new car park on the site of the former Hoyland Health Centre. The car park entrance is off West Street (next to the Co-operative Funeralcare building) and the exit is onto Duke Street.



No Smoking Policy – The surgery has a strict no smoking policy within the building **and** the car park area. This applies to staff, patients and visitors alike. If you do smoke please do so outside of the surgery gates. Thank you.

Pharmacyfirst Minor Ailments Service:

Barnsley GPs and Pharmacies offer a service that gives more patient choice. The following common conditions can be treated with a medication that is available from your local pharmacy. Ask for help and advice on the most appropriate medication to relieve symptoms for:



Allergies and Hayfever, Athlete's Foot, Cold Sores, Conjunctivitis (for adults and children over 2 years of age), Constipation, Coughs and Colds, Diarrhoea, Dermatitis, Eczema, Ear Wax, Fever / High Temperature, Haemorrhoids (piles), Head Lice, Heartburn and Indigestion, Infant Colic, Insect Bites and Stings, Mouth Ulcers, Nappy Rash, Nasal Congestion, Oral Thrush, Pain, Ringworm, Scabies, Sore Throat, Teething, Threadworms, Vaginal Thrush, Verrucae and Warts.

Call into participating pharmacies displaying the symbol above.

Accessible Information Standard:

This is a new law to make sure that people who have a disability, impairment or sensory loss are given information they can easily read or understand. The Accessible Information Standard tells NHS and adult social care organisations they must make sure people get information in different formats.

Please inform a member of staff if you have any communication support needs. You need to help us make sure we get things right for you.

You can find more information about the Accessible Information Standard on the NHS England website: www.england.nhs.uk/accessibleinfo



Beat the Heat

Stay connected

-  Look after yourself, check on others especially the elderly
-  Listen to the weather forecast and the news
-  Plan ahead to avoid the heat

Keep well

-  Drink plenty of water, avoid alcohol and caffeinated drinks
-  Dress appropriately for the weather
-  Slow down and avoid heavy activity

Find somewhere cool

-  Know how to keep your home cool
-  Go indoors or outdoors, whichever feels cooler
-  Cars get hot, avoid closed spaces

Watch out

-  Be on the lookout for signs of heat related illness
-  If you're too hot, cool your skin with water, slow down and rehydrate
-  Get help. Call NHS 111 or in an emergency 999

For more information go to www.nhs.uk/heatwave

PHE publication gateway number: 2018071

Or click on the following link www.nhs.uk/heatwave

Online Access for Appointments:

Online access to book, cancel or change an appointment at the surgery is available to all adult patients who register to use the service. Patients under the age of 16 years are not permitted to register or use the service.

Registered patients are asked not to book an appointment for themselves and then later contact the surgery to change the booked slot for an appointment for a child.

Appointments for patients under 16 years of age should be made by telephoning the surgery and speaking to a receptionist or by using the automated telephone service.

Missed Appointments:

193 patients did not attend their booked appointments during June. These appointments could have been offered to other patients who needed them on the day. Please remember to cancel your appointment if you are unable to keep it. Thank you.