

# Newsletter November 2017

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## Walderslade Surgery Vaccinations for Travelling Abroad:

Due to a UK-wide shortage of some of the recommended vaccines for travel, the Practice is only able to offer a limited service for vaccinations.

There are local private travel clinics that may have vaccines in stock. Contact:

- Barnsley Travel Clinic - 01226 729868
- Sheffield Travel clinic - 0114 271 1900 or visit [www.sth.nhs.uk/travel-clinic](http://www.sth.nhs.uk/travel-clinic)

Travellers are advised to plan well in advance and to seek travel health advice from a suitably qualified healthcare professional 6 – 8 weeks prior to their trip.

## Blood Tests (Phlebotomy) for Children Under 16 Years of Age:

Walderslade Surgery is no longer able to offer blood tests for patients who are under 16 years of age.

Children aged 16 and under who have been requested to have a blood test should attend the **Children's Outpatient Service at Barnsley District Hospital NHS Trust, Gawber Road, Barnsley, S75 2EP.**

**The Children's Outpatient Service operates an Open Access system for blood tests: Opening times are Monday to Friday, 8:45am to 12 Noon.**

There is no need to telephone to make an appointment.

## Adult Only Blood Clinics:

The surgery holds dedicated clinics throughout the week for taking blood samples from adults. If you are advised that you need a blood test then please ask a receptionist to book you a 5 minute appointment with one of our Health Care Assistants (HCAs).

Please note that the clinics are for taking **blood samples only**; no other tests or procedures will be carried out.

Thank you.

## NHS Breast Screening:

Breast screening is a way of detecting breast cancers, often at an early stage. It involves a special kind of x-ray called a mammogram.

All women aged 50 to 70 are invited for breast screening every 3 years. Some older and some younger are also being invited as part of a study of screening in different age groups.

If you are over 70, you are still at risk of breast cancer. Although you will no longer automatically get screening invitations after you are 70, you can still have breast screening every 3 years. In this instance, you will need to ask your local breast screening unit for an appointment.

Phone 08701 555 455 or visit [www.cancerscreening.nhs.uk](http://www.cancerscreening.nhs.uk) for further information.



### **Dementia Café Renamed:**

The Dementia Café launched at St Andrew's Community Centre, Hoyland, on 2 October has been renamed. It will now be known as the **Golden Memories Café**.

This café offers a friendly place for people living with dementia, their carer's, friends, or anyone to meet up for a chat and a coffee.

The café will be open **every Monday morning**, but on the last Monday in the month it will be hosted by Tesco, at their store at Platts Common.

Contact Jill Barker (01226 773741) or Dawn Grayton (01226 355865) for further information.

### **Staff Training:**

The surgery will be closed for staff training on **Thursday 2 November** from 1pm until 4pm and **Thursday 16 November** from 12.30pm and for the remainder of the day; re-opening as usual on Friday 17 November.

### **Friends of Elsecar Park - Walk a Mile:**

Friends of Elsecar Park invite you to walk around the award winning park and nature reserve. Enjoy a walk; get fitter and healthier; admire the views; spot the wildlife and take stunning digital images.

Join the group for a leisurely walk on the following dates:

- Sunday 5<sup>th</sup> November, 2017.
- Sunday 3<sup>rd</sup> December, 2017.
- Sunday 7<sup>th</sup> January, 2018.
- Sunday 4<sup>th</sup> February, 2018.

**Meet at the park café at 10am.  
Please wear suitable footwear.**

### **i-HEART BARNSELY365:**

This is the new name for Barnsley's extended GP services. They can provide access to medical advice 365 days a year.

Call their new telephone number **01226 242419** to book an appointment.

Telephone opening hours are Monday to Friday 8am – 6.30pm. Weekends & bank holidays: 9am – 1pm.

i-HEARTBARNSELY365 is a free service available to anyone registered with a GP in Barnsley.



### **Free NHS Flu Vaccination Clinics:**

The surgery has appointments for flu vaccinations **every day during November**.



Please speak to a member of our reception team to check if you are eligible and, if so, to make an appointment.

### **Missed Appointments in October (DNA's):**

**226** patients did not attend their booked appointment, including **35** children who did not attend their childhood flu vaccination appointment held at a clinic on Saturday 14th October.

These appointments could have been offered to other patients. Please remember to cancel your appointment if you are unable to keep it. Thank you.