

# Cancer Care

Hot Topics and Key Updates from Living With And Beyond Cancer Barnsley

## Other News

### NEW Macmillan iHOPE

#### Dates released

Living with or after a cancer diagnosis?

Do you want to enhance your resilience through these difficult times, rediscover strengths and increase your ability to cope?

Join our online self-management programme called iHOPE. The programme focuses on topics including: Smarter goal setting, priorities and values, managing stress, coping with fatigue, living positively with fears for the future, finding things to be thankful for, character strengths.

Programme 1- 31 January 2022

Programme 2- 21 March 2022

Programme 3- 13 June 2022

Programme 4- 05 September 2022

Programme 5- 31 October 2022

Patients can register for a place [here](#).

If patients prefer F2F, BHNFT continue to coordinate regular F2F courses from The Well in the town centre. Please contact Alison Spencer for more information, Tel: 01226 431303 or Email: [alisonspencer@nhs.net](mailto:alisonspencer@nhs.net)

Last Issue as LWABC or Personalised Care and Support becomes BAU; thank you for your support to date.

**MACMILLAN**  
CANCER SUPPORT

**NHS**  
Barnsley Hospital  
NHS Foundation Trust

## Informal Findings from Cancer Care Review Engagement Work

6 surgeries informally recruited by Janie Wike Nov 2021 (aiming for one per Neighbourhood); open to exploring CCR processes and practice and sharing learning. 10 surgeries went on to participate and benefitted from support offered.

### Practice Visits were organised to:

- raise awareness of locally developed resources and best practice; increase confidence and improve quality of conversations and patient experience
- encourage use of baseline tools (staff survey and Macmillan Personalised Care toolkit)
- better understand current practice; what works well, where are the opportunities to further enhance practice?
- informal Action Plan developed and follow up visit offered

### Headline Findings include:

- Great examples of effective role utilisation; Care Co and HWB Coaches.
- Fantastic instances of person centred practice
- Good support for local CCR template v4.0
- Good engagement with CtheSigns
- Welcomed opportunity to revisit CCR; often paused due to COVID
- Acceptance of cancer as a LTC; managed as such
- Limited awareness of key cancer information passed on by BHNFT to inform CCR

# Build on Best Practice By...

Establishing a baseline for QI initiatives using [Macmillan Personalised Care Toolkit](#); utilise available practice data, inform targeted interventions and measure distance travelled.

Developing a practice leaflet for cancer patients using example in User Guide; introduce CC/HWBC as an accessible point of contact early on in journey.

Utilising available cancer documentation passed on by BHNFT inc Care Plans and End of Treatment Summaries; inform CCR (availability of information should improve with the Single System of Inflex; Cancer Information System; SYB CA led).

Adopting an integrated approach to CCR; reliance on GPs shouldn't be replaced with reliance on one PN or HWBC; necessary to safeguard patients and team members; more sustainable approach too.

Seeking patient feedback; establish mechanisms for routinely capturing and recording what's needed when, what makes the difference, what's missing or needed? Involve in service design and QI initiatives. Opportunities to collaborate on this within neighbourhoods if small numbers?

Encouraging staff at all levels to complete the What Matters To You training; better able to have confident and meaningful holistic conversations with cancer patients.

Embedding the management of cancer as a LTC - who? what? how? Supportive of work started in BHNFT around Personalised Stratified Follow Up Pathways in COL, URO, BREAST (others coming on line inc GYNAE, UPPER GI, H&N, SKIN).

Building on best practice around systems (and roles) in tracking cancer patients; ensure the right kind of support is offered to patients when they need it; more equitable and ensures patients are not lost to FU; feel supported and better outcomes achieved.

The full presentation will be given at the next PCN meeting on 16th Feb and uploaded to the BEST website for future reference.